

Anthony Adoré

WEST TEXAS | AUTHOR & ESSAYIST

Memoir, faith, existential psychology, and the divided self



Official portrait - editorial use with credit

APPROVED SHORT BIOGRAPHY

Anthony Adoré is a West Texas author and essayist whose work explores the interior life at the meeting point of memoir, faith, and existential psychology. He is the author of *Confessions to the Empty Chair* and *Fractions of the Soul*. Across his books and published reflections, Adoré writes about grief, desire, memory, spiritual conflict, and the divided self.

PUBLISHER

BookBaby

PRIMARY SUBJECTS

Faith, grief, desire, memory, identity

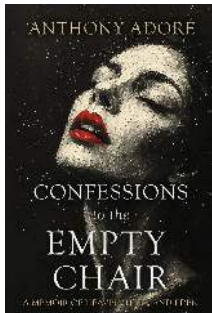
BOOKS

2 published

OFFICIAL SITE

anthonyadore.com

BOOKS



PUBLISHED WORK

Confessions to the Empty Chair

A Memoir of Heaven, Hell, and Eden

BookBaby | 524 pages Paperback
9798317827328 eBook
9798317827335

Paperback \$27.95 | eBook \$12.99

A memoir of spiritual conflict, grief, desire, defensive armor, and the difficult persistence of grace.



PUBLISHED WORK

Fractions of the Soul

A Tale of Rocks and Blades

BookBaby | 264 pages Paperback
9781098343569 eBook
9781098343576

Paperback \$20.00 | eBook \$9.99

A philosophical and psychological inquiry into relationship, perception, meaning, and the divided soul.

INTERVIEW ANGLES

- Why memoir can function as evidence rather than self-display
- The divided self through existential psychology and theology
- Reading human relationships through the metaphors of blade and whetstone
- Faith that does not erase contradiction, desire, or grief
- How rejection, memory, and defensive armor reorganize a life
- Writing difficult spiritual experience without sentimentality

MEDIA INQUIRIES, REVIEW COPIES, AND EVENT INVITATIONS

anthonyadore.com/contact/press/

Facebook | Instagram | X: @anthonyadore